



Autumn Term 2022



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATES for WEEK 1:	Weeks Commencing: 5th Sept, 26th Sept, 17th Oct, 14th Nov and 5th Dec				
MAIN COURSE	Sausage Pasta Bake	Pepperoni Pizza	Red Tractor Roast Chicken	Westcountry Sausages	MSC Oven baked fish Fingers
VEGETARIAN	Macaroni Cheese	Cheese & Tomato Pizza	Quorn Roll	Quorn Sausages	Vegetable Fingers
VEGETABLES	Garlic Bread/ Salad	Potato wedges & Salad	Roast Potatoes & Seasonal Vegetables	Herby Diced Potatoes, Seasonal Vegetables and Gravy	Oven Chips & Peas or Beans
DESSERT	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day
DATES for WEEK 2:	Weeks Commencing 12th Sept, 3rd October, 31st October, 21st Nov, and 12th December				
MAIN COURSE	Beef Bolognaise	MSC Fish In Batter	Farmstead Roast Pork Loin	2oz 100% Beefburger in a Bap	Chicken Bites
VEGETARIAN	Quorn Bolognaise	Vegetable Fingers	Quorn Roll	Veggie Burger	Quorn Dippers
VEGETABLES	Garlic Bread	Potato Wedges & Baked Beans	Roast Potatoes & Seasonal Vegetables	Herby Diced Potatoes and Spaghetti Hoops	Oven Chips & Peas or Beans
DESSERT	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day
DATES for WEEK 3:	Weeks Commencing: 19th Sept, 10th October, 7th November and 28th November				
MAIN COURSE	Meatballs In Tomato Sauce	Chicken Burger	Farmstead Roast Turkey	Red Tractor Chicken Korma	Local fresh MSC Fish goujons in a crispy coating. Oven baked.
VEGETARIAN	Falafels	Veggie Burger	Quorn Roll	Quorn Korma	Veggie bites and chips, beans or peas
VEGETABLES	Pasta & Garlic Bread	Hash Browns, Coleslaw and Salad	Roast Potatoes & Seasonal Vegetables	50/50 Rice & Naan Bread	Oven Chips & Peas Or Beans
DESSERT	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day
EDUCATION SOUTH WEST Catering Services	All main-course and vegetarian dishes come with a choice of homemade dessert (made with reduced sugar), low fat yoghurt or fresh fruit. All meals come with carrot and cucumber sticks plus cherry tomatoes. Jacket potatoes are available daily and are served with reduced salt/sugar baked beans and/or cheese. We are committed to providing a meal, where possible to all pupils regardless of food allergies or intolerances.				
	Farm Assured Meat		MCS Approved		Fresh Fruit Dessert