




Autumn 2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATES for WEEK 1:	Weeks Commencing: 4th Sept, 25th Sept, 16th Oct, 13th Nov, 4th Dec.				
MAIN COURSE	West Country Sausages	Jacket Potato with Various Fillings	Farmstead Roast Turkey	Chicken Bites	MCS Oven baked Fish Fingers
VEGETARIAN	Veggie Sausages	Jacket Potato with Various Fillings	Quorn Roll	Quorn Dippers	Vegetarian alternative
VEGETABLES	Herby Diced Potatoes & Peas or Sweetcorn	Salad	Roast Potatoes & Seasonal Vegetables	Potato Wedges and Spaghetti Hoops or Peas	Oven Chips & Peas or Beans
DESSERT	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day
DATES for WEEK 2:	Weeks Commencing 11th Sept, 2nd Oct, 30th Oct, 20th Nov, 11th Dec.				
MAIN COURSE	Beef Pasty	Pasta Day with Various Toppings	Farmstead Red Tractor Roast Chicken	2oz 100% Beefburgers in a Bap	MCS Battered Fish
VEGETARIAN	Cheese & Onion Pasty	Pasta Day with Various Toppings	Qourn Roll	Veggie Burgers	Vegetarian alternative
VEGETABLES	Hash Browns and Salad	Garlic bread & Salad	Roast Potatoes & Seasonal Vegetables	Potato wedges & Spaghetti Hoops	Oven Chips & Peas or Beans
DESSERT	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day
DATES for WEEK 3:	Weeks Commencing: 18th Sept, 9th Oct, 6th Nov, 27th Nov.				
MAIN COURSE	Chicken Burgers	Pepperoni Pizza	Farmstead Gammon Steak	Pasta Day with Various toppings	MCS Fish Cakes
VEGETARIAN	Veggie Burgers	Cheese & Tomato Pizza	Quorn Roll	Pasta Day with Various toppings	Vegetarian alternative
VEGETABLES	Hash Browns and Salad	Potato Wedges and Salad	Roast Potatoes & Seasonal Vegetables	Garlic bread & Salad	Oven Chips & Peas Or Beans
DESSERT	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day	Dessert Of The Day
	All main-course and vegetarian dishes come with a choice of homemade dessert (made with reduced sugar), low fat yoghurt or fresh fruit. All meals come with carrot and cucumber sticks plus cherry tomatoes. Jacket potatoes are available daily and are served with reduced salt/sugar baked beans and/or cheese. We are committed to providing a meal, where possible to all pupils regardless of food allergies or intolerances.				
	Farm Assured Meat		MCS Approved		Fresh Fruit Dessert

